

This confession is built not on fear of darkness but on the victory Jesus has already won. Read it aloud and calmly, in the first person, with thanksgiving for God's covering. Start with Christ, not with the devil, and stay in the word, in prayer and in fellowship. If fear or pressure is more than you can carry, do not stay alone with it: talk to a trusted person and, if needed, to a doctor.

Christ Has Already Won

- Christ stripped the principalities and the powers, made a show of them openly, and triumphed over them (Col 2:15).
- The Son of God was revealed to destroy the works of the devil (1 John 3:8).
- Greater is he who is in me than he who is in the world (1 John 4:4).
- I have authority over all the power of the enemy, and nothing will hurt me (Luke 10:19).
- If God is for me, who can be against me? (Rom 8:31).

Under the Shelter of the Most High

- I dwell in the secret place of the Most High and rest in the shadow of the Almighty (Ps 91:1).
- I say of Yahweh: He is my refuge and my fortress; my God, in whom I trust (Ps 91:2).
- He delivers me from the snare of the fowler and from the deadly pestilence (Ps 91:3).
- He covers me with his feathers, and his faithfulness is my shield and rampart (Ps 91:4).
- I will not be afraid of the terror by night, nor of the arrow that flies by day (Ps 91:5).
- God has put his angels in charge of me, to guard me in all my ways (Ps 91:11).

The Armor of God

- I am strong in the Lord and in the strength of his might (Eph 6:10).
- I put on the whole armor of God, so that I am able to stand against the wiles of the devil (Eph 6:11).
- I stand with the belt of truth buckled around my waist and the breastplate of righteousness on my chest (Eph 6:14).
- I take up the shield of faith, with which I quench all the fiery darts of the evil one (Eph 6:16).
- I take the helmet of salvation and the sword of the Spirit, which is the word of God (Eph 6:17).

I Resist the Evil One

- I submit to God, I resist the devil, and he flees from me (James 4:7).
- I am sober, self-controlled and watchful, and I withstand the devil, steadfast in my faith (1 Pet 5:8–9).
- The weapons of my warfare are not of the flesh, but mighty before God to the throwing down of strongholds (2 Cor 10:4).
- I am born of God, he keeps me, and the evil one does not touch me (1 John 5:18).
- The Lord is faithful; he establishes me and guards me from the evil one (2 Thess 3:3).

Peace and Courage

- God did not give me a spirit of fear, but of power, love and self-control (2 Tim 1:7).
- No weapon that is formed against me will prevail (Isa 54:17).
- Yahweh’s name is a strong tower: I run to him and I am safe (Prov 18:10).
- The peace of God guards my heart and my thoughts in Christ Jesus (Phil 4:7).
- Yahweh keeps me from all evil; he keeps my soul, my going out and my coming in (Ps 121:7–8).

In the Name of Jesus

- In the name of Jesus I cast out demons (Mark 16:17).
- Jesus came that I may have life, and have it abundantly, while the thief comes only to steal, kill and destroy (John 10:10).
- Jesus has left me his peace, so I will not let my heart be troubled or fearful (John 14:27).

Verses (World English Bible)

Biblical Confession of Protection Against the Attacks of Darkness

Christ Has Already Won

Col 2:15 having stripped the principalities and the powers, he made a show of them openly, triumphing over them in it.

1 John 3:8 He who sins is of the devil, for the devil has been sinning from the beginning. To this end the Son of God was revealed: that he might destroy the works of the devil.

1 John 4:4 You are of God, little children, and have overcome them; because greater is he who is in you than he who is in the world.

Luke 10:19 Behold, I give you authority to tread on serpents and scorpions, and over all the power of the enemy. Nothing will in any way hurt you.

Rom 8:31 What then shall we say about these things? If God is for us, who can be against us?

Under the Shelter of the Most High

Ps 91:1–2 He who dwells in the secret place of the Most High
will rest in the shadow of the Almighty.
2 I will say of Yahweh, “He is my refuge and my fortress;
my God, in whom I trust.”

Ps 91:3–5 For he will deliver you from the snare of the fowler,
and from the deadly pestilence.
4 He will cover you with his feathers.
Under his wings you will take refuge.
His faithfulness is your shield and rampart.
5 You shall not be afraid of the terror by night,
nor of the arrow that flies by day.

Ps 91:11–12 For he will put his angels in charge of you,
to guard you in all your ways.
12 They will bear you up in their hands,
so that you won’t dash your foot against a stone.

The Armor of God

Eph 6:10–17 Finally, be strong in the Lord, and in the strength of his might. 11 Put on the whole armor of God, that you may be able to stand against the wiles of the devil. 12 For our wrestling is not against flesh and blood, but against the principalities, against the powers, against the world’s rulers of the darkness of this age, and against the spiritual forces of wickedness in the heavenly places. 13 Therefore put on the whole armor of God, that you may be able to withstand in the evil day, and, having done all, to stand. 14 Stand therefore, having the utility belt of truth buckled around your waist, and having put on the breastplate of righteousness, 15 and having fitted your feet with the preparation of the Good News of peace; 16 above all, taking up the shield of faith, with which you will be able to quench all the fiery darts of the evil one. 17 And take the helmet of salvation, and the sword of the Spirit, which is the word of God.

I Resist the Evil One

James 4:7 Be subject therefore to God. Resist the devil, and he will flee from you.

1 Pet 5:8–9 Be sober and self-controlled. Be watchful. Your adversary, the devil, walks around like a roaring lion, seeking whom he may devour. 9 Withstand him steadfast in your faith, knowing that your brothers who are in the world are undergoing the same sufferings.

2 Cor 10:4–5 for the weapons of our warfare are not of the flesh, but mighty before God to the throwing down of strongholds, 5 throwing down imaginations and every high thing that is exalted against the knowledge of God, and bringing every thought into captivity to the obedience of Christ.

1 John 5:18 We know that whoever is born of God doesn't sin, but he who was born of God keeps himself, and the evil one doesn't touch him.

2 Thess 3:3 But the Lord is faithful, who will establish you, and guard you from the evil one.

Peace and Courage

2 Tim 1:7 For God didn't give us a spirit of fear, but of power, love, and self-control.

Isa 54:17 No weapon that is formed against you will prevail; and you will condemn every tongue that rises against you in judgment. This is the heritage of Yahweh's servants, and their righteousness is of me," says Yahweh.

Prov 18:10 Yahweh's name is a strong tower: the righteous run to him, and are safe.

Phil 4:7 And the peace of God, which surpasses all understanding, will guard your hearts and your thoughts in Christ Jesus.

Ps 121:7–8 Yahweh will keep you from all evil.
He will keep your soul.
8 Yahweh will keep your going out and your coming in,
from this time forward, and forever more.

In the Name of Jesus

Mark 16:17–18 These signs will accompany those who believe: in my name they will cast out demons; they will speak with new languages; 18 they will take up serpents; and if they drink any deadly thing, it will in no way hurt them; they will lay hands on the sick, and they will recover.

John 10:10 The thief only comes to steal, kill, and destroy. I came that they may have life, and may have it abundantly.

John 14:27 Peace I leave with you. My peace I give to you; not as the world gives, give I to you. Don't let your heart be troubled, neither let it be fearful.

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